

FELLOWSHIP PROGRAM 2026

# HUGS

## Hybrid Urogynecology @ Sree Mookambika

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50 Unforgettable Topics · One Transformational Journey

Designed to be a once-in-a-lifetime learning experience — for surgeons who wish to think differently, operate precisely, and lead with judgment.

 COURSE STRUCTURE

# Six Months. Structured. Immersive.

A hybrid fellowship spanning July through December 2026, blending rigorous online learning with hands-on surgical exposure — each month building toward mastery.

## Duration

6 Months July – December 2026

## Online Sessions

2 per week Wednesday & Thursday 8–9 PM IST

## On-Site Weeks

1 week per month 3rd week, from September Surgeries & case discussions

## Limited Seats

Only **6–10 participants** per on-site week — ensuring personal mentorship, surgical access, and an intimate learning environment of the highest standard.

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## Program Fee

### Complete Program

Online + On-site **₹75,000 / \$900**

### Online Only

Full digital access **₹50,000 / \$600**

# 50 Topics. Structured Thinking. Real Surgery.

Each session is crafted not merely to inform, but to reshape the way you perceive, diagnose, and operate. A selection of topics from the full curriculum:

## **Fairy Tale of Urogynecology**

Where the specialty began — its history, philosophy, and the elegance of its evolution.

## **Google Mapping of Pelvic Anatomy**

A spatial, layered approach to understanding the pelvis — topography over memorization.

## **Physiology – The Symphony of Control**

Continence and voiding as an orchestrated system — not isolated reflexes.

## **Magic Medicines in Urogynecology**

Pharmacology revisited — precision prescribing with mechanism and intention.

## **The Diagnosis Is in the Story**

History-taking as a clinical art — what patients say, and what they mean.

## **Stress Urinary Incontinence: Physics, Not Mystery**

Demystifying SUI through biomechanics, pressure dynamics, and anatomical clarity.

## **Vaginal Hysterectomy: Where Science Meets Art**

Technique, judgment, and the subtle mastery that separates competence from excellence.

## ***The Urogynecologist You Become***

*Skill, Judgment, and Restraint* — the final session. On identity, ethics, and the surgeon's conscience.

... Plus 42 additional sessions spanning diagnostics, surgical technique, case-based reasoning, and clinical leadership.

VENUE & EXPERIENCE

# Where It All Comes Together

**Sree Mookambika Institute of Medical Sciences** Kanyakumari — at the confluence of three seas, and a singular standard of surgical training.



## Thinking Beyond Textbooks

Clinical reasoning over rote knowledge — every session challenges you to question, not just absorb.



## Seeing Anatomy Differently

Spatial, surgical, and conceptual perspectives that reframe what you thought you already knew.



## Real Surgical Exposure

Operative access in a high-volume urogynecology unit — observe, assist, and eventually lead.



## Small Group Mentorship

An intimate cohort ensures every participant receives individual guidance, feedback, and attention.

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*This is not just a course. It's how you begin to see differently.*

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**Comment "info" to know more.** Applications open in May 2026. Seats are strictly limited.